

HEALTH CLUB

Membershi

The Wyndham Grand Manama health club membership offers the opportunity to take full advantage of our fully equipped mixed & ladies only fitness facilities, temperature controlled outdoor infinity & family pools and top class Spa facilities. Our packages are available for singles, couples & families for three, six & twelve months.





LADIES & GENTS SPA

Spa by Wyndham Grand Manama is a unique concept that will mesmerize your senses. Our world class wellness facilities include a Snow Room, an Indoor Pool – Jacuzzi, a Sauna & a Snow Room.



FITNESS CENTER

Stay fit at Wyndham Grand Manama. Enjoy your workout at the exclusive ladies' gym or mixed gym with the view of the Manama skyline. Fitness classes are offered to enhance your exercise routine.



SWIMMING POOLS

The Wyndham Grand offers access to two world-class outdoor temperature controlled pools facilities. Our facilities are designed to provide the needs of every guest and have an unforgettable stay with us.



KIDS ENTERTAINMENT FACILITIES

Wyndham Grand Manama is a family and child freindly destination featuring a kids club and an outdoor kids play area. Play Zone kids club features a range of activities to keep the young ones occupied.





HEALTH CLUB & FAMILY FRIENDLY LEISURE FACILITIES

For the traveller who would like to relax or stay fit, the Wyndham Grand Manama has excellent seperate health clubs for men and women, with a wide range of gym facilities. The hotel also has two outdoor temperature controlled swimming pools (one infinity adults only pool and one family pool with kid's play area).

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HEALTH CLUB MEMBERSHIP RATE

	MEMBE	RSHIP PLAN	
Duration	Single Rate	Couple Rate	Family Rate (2 Adults + 2 Children under 16 yrs old)
3 Months	255	455	640
6 Months	400	640	820
1 Year	685	915	995
ADI	DITIONAL FAMILY ME	MBERS (18 yrs old and	d above)
Duration	1 Year	6 Months	3 Months
Rate	177	135	89
The above rate		rs and are inclusive of 1 nt levy and 10% VAT.	0 % service charge,
ADDITI	ONAL GUEST RECRE	ATION POOL DECK A	CCESS RATE
	Adults	Child (below 12)	Child (below 7)
Weekly	11	5.5	Complimentary
Weekend	16	7.5	Complimentary
The above		pool access only and m access.	does not apply
	PERSONAL TE	RAINING SESSIONS	
5 sessions	10 sessions	15 sessions	20 sessions

190

210

150

85





For more information:







Download the Wyndham Grand Manama application to get access to our rewards program, discounts & more.



